

Awareness in improvisation: LIVE ONLINE

with Miranda Glikson

Improvisation: creative dialogue between attention and imagination.

Awareness: making sense of sensation. (Nelson 2003)

The possibility to improvise together continues in this online course in a space differently made and shared.

In this online studio we use the material of our awareness to generate our improvisations and observe our awareness through the flow of improvising. Letting loose our appetites for movement this class nourishes our curiosity for moving playfully the connections between things.

This class is facilitated in English and German and welcomes interested movers from all backgrounds and levels of experience.

Schedule: Dienstags 18:00 - 19:10 CEST (UTC +01:00)
* Participation in single trainings is possible

Cost: 8 - 10 Euros per class (as your situation allows).
Due via bank transfer or Paypal within 10 days
after participation.

Place: Your space and Zoom video conferencing.
Zoom is free, simple to use and compatible with all
computer hardware and operating systems. It is NOT
necessary to create an account to use it.
When using it the first time a Zoom link will introduce
installation of the software.

Registration: Registration with just your name is via the following
email address: miranda.gl@t-online.de
A confirmation email will be sent to you with a Zoom link,
password and payment details.

Contact: miranda.gl@t-online.de



Miranda Glikson is a freelance dance artist, educator and researcher based near Frankfurt. She has a Masters Degree in Contemporary Dance Education and is part-way through a creative practice-led PhD research at the School of Creative Practice, Queensland University of Technology, Brisbane. Miranda has performed with dance ensembles in Germany, Australia, New Zealand and Singapore. She was a company trainer and choreographic assistant in several dance companies and has been involved in education projects working with youth, children and the broader community. Current collaborations focus on performance improvisation practices. Miranda is training to become a certified Feldenkrais teacher.