

# Awareness through improvisation: LIVE ONLINE

with Miranda Glikson

**Improvisation;** creative dialogue between attention and imagination.

**Awareness;** making sense of sensation. (Nelson 2003)

The possibility to improvise together continues in this online course in a space differently made and shared! Let loose your appetite for movement and for making and moving connection between things, through the dance on the inside and the outside.

This class is facilitated in English and German and welcomes interested movers from all backgrounds and levels of experience.

- Schedule:**       Dienstags 18:00 - 19:15 CEST (UTC +01:00)  
\* Participation in single trainings is possible
- Cost:**            8 - 10 Euros per class (as your situation allows).  
Due via bank transfer or Paypal within 10 days  
after participation.
- Place:**            Your space and Zoom video conferencing.  
Zoom is free, simple to use and compatible with all  
computer hardware and operating systems. It is NOT  
necessary to create an account to use it.  
When using it the first time a Zoom link will introduce  
installation of the software.
- Registration:**   Registration with just your name is via the following  
email address: [miranda.gl@t-online.de](mailto:miranda.gl@t-online.de)  
A confirmation email will be sent to you with a Zoom link,  
password and payment details.
- Contact:**         [miranda.gl@t-online.de](mailto:miranda.gl@t-online.de)



**Miranda Glikson** is a freelance dance artist, educator and researcher based near Frankfurt. She has a Masters Degree in Contemporary Dance Education and is part-way through a creative practice-led PhD research at the School of Creative Practice, Queensland University of Technology, Brisbane. Miranda performed over 15 years with dance companies in Germany, Australia, New Zealand and Singapore, working later as a company trainer and choreographic assistant in Germany and in Australia. Current collaborations involve performance improvisation practices. Miranda is currently undertaking training for certification as a Feldenkrais facilitator.